

## **COVID-19 Lotus Centre Respite Camp Guidelines**

While covid-19 has necessitated many changes to our service delivery, Lotus Centre remains committed to providing safe access to adapted music education programs. Due to our small number of participants and low ratios, we are able to provide the safest possible respite environment for children with special needs. While we will continue to follow guidelines provided by the municipal, provincial and federal governments, we are also instituting the following protocols to ensure the health and safety of our participants, families and staff.

### **Environmental Adaptations**

- Respite participants will have minimal to no interaction with other staff, students, or families attending private lessons during program time. All belongings and resources used will be kept separate
- Storage will be provided in for participant belongings, crafts materials, and music resources to minimize any contact of materials between programs
- Two tables will be provided for nutrition breaks and any table activities to allow for adequate spacing between participants
- Increased spacing between participants and staff during floor time

### **Schedule and Activity Adaptations**

- Use of playground will be assessed based on Ottawa Public Health guidelines
- Use of resources during activities will be restricted eg. participant will use the same percussion instrument throughout the music circle
- ONE parent/child in centre for drop-off/pick-up at a time for each group

### **Restrictions on Participant Attendance**

- NO attendance if participant has traveled outside of Canada within 14 days
- NO attendance if participant is showing ANY signs of illness
- Participant must be immediately picked up if any signs of illness at camp
- Any parent with signs of illness should not drop off or pick up from camp

### **Sanitation and Hygiene Practices**

- All surfaces will be disinfected after each activity
- Washrooms will be disinfected after each washroom break
- Participant and staff hands will be washed or sanitized between each activity
- Door handles, pens, surfaces in common areas will be disinfected after pick up and drop off from each group
- EVERYONE entering the centre must wash or sanitize hands immediately

### **Staff PPE and Protocols**

- Staff will wear non-medical masks at all times when interacting with participants and caregivers
- Staff will wear gloves during food preparation and will change gloves when working with different participants

- Staff will continue to wear gloves and follow protocols for toileting
- Whenever possible, staff will be assigned to 1-2 participants (based on participant need) and remain with those participants. Close proximity with participants outside those dyads/triads will be discouraged

We are confident that if we all work together to follow these protocols, we can provide a safe and enjoyable respite experience. We appreciate your cooperation in these efforts.

With thanks,

The Lotus Centre team