

COVID-19 Lotus Centre March Break Camp Guidelines

While covid-19 has necessitated many changes to our service delivery, Lotus Centre remains committed to providing safe access to adapted music education programs. Due to our small number of campers and low ratios, we are able to provide the safest possible camp environment for children with special needs. While we will continue to follow guidelines provided by the municipal, provincial and federal governments, we are also instituting the following protocols to ensure the health and safety of our campers, families and staff.

Environmental Adaptations

- Jr and Sr groups will have minimal to no interaction throughout the duration of camp. All belongings and resources used will be kept separate
- Storage will be provided in both rooms for camper belongings, crafts materials, and music resources to minimize any contact of materials between groups
- Two tables will be provided for nutrition breaks and any table activities to allow for adequate spacing between campers
- Increased spacing between campers and staff during floor time

Schedule and Activity Adaptations

- Playground use will follow Ottawa Public Health guidelines
- Use of resources during activities will be restricted eg. camper will use the same percussion instrument throughout the music circle
- Drop off and pick up times will be staggered between groups and different entrances will be used for each
- ONE parent/child in centre for drop-off/pick-up at a time for each group

Restrictions on Camper Attendance

- NO attendance if camper has traveled outside of Canada within 14 days
- NO attendance if camper is showing ANY signs of illness
- Camper must be immediately picked up if any signs of illness at camp
- Any parent with signs of illness should not drop off or pick up from camp

Sanitation and Hygiene Practices

- All surfaces will be disinfected after each activity
- Washrooms will be disinfected after each washroom break
- Camper and staff hands will be washed or sanitized between each activity
- Door handles, pens, surfaces in common areas will be disinfected after pick up and drop off from each group
- EVERYONE entering the centre must wash or sanitize hands immediately

Staff PPE and Protocols

- Staff will wear medical masks and eye protection at all times when interacting with campers and caregivers

- Staff will wear gloves during food preparation and will change gloves when working with different campers
- Staff will continue to wear gloves and follow protocols for toileting
- Whenever possible, staff will be assigned to 1-2 campers (based on camper need) and remain with those campers. Close proximity with campers outside those dyads/triads will be discouraged

We are confident that if we all work together to follow these protocols, we can provide a safe and enjoyable camp experience. We appreciate your cooperation in these efforts.

With thanks,

The Lotus Centre team